



PANTHER PRESS

WEEK OF OCTOBER 26-30

Even though this week was a bit shorter for students, it was a busy week for us here Abby with our Parent-Teacher Conferences happening Wednesday and Thursday afternoons, lots of sports events, and other student events going on. If you have concerns about how your child is doing or weren't able to connect with your child's teachers, please reach out to them via email (all teacher emails are available on our website).

Starbooks Café Fall Reading Challenge

Our Library Learning Commons is promoting a love of reading through our Starbooks Café Fall Reading Challenge, running until November 10!

We're highlighting exciting new books in our library and encouraging students to discover the joy of reading for pleasure. Students can

participate by reading a book and submitting a quick reflection about what they read. Each book read and reviewed earns one entry into our prize draw, with student-choice prizes including a \$10 Abby Grind certificate, a book of their choice, snacks, school supplies, and more!

Encourage your child to grab a book, share their thoughts, and join the fun. The more they read, the more chances they have to win!



COMING UP THIS WEEK

Mon, Oct 26 – ABCD

- Lockdown Drill – Time: TBA
- JOHS @ 2:40 pm in ELL room
- Jr Boys Soccer @ GWG
- Sr Girls Volleyball vs Chilliwack

Tues, Oct 27 – CDAB

- Sr Boys Soccer @ WJM

Wed, Oct 28 – BADC

- Jr Boys Football vs Langley
- Jr Girls Volleyball vs RHSS
- Jr Boys Soccer vs WGSS

Thurs, Oct 29 – DCBA

- Sr Boys Soccer vs LSS

Fri, Oct 30 – A-Tut-BCD

- Jr Girls Volleyball @ QE tournament
- Sr Boys Football vs Sullivan Heights

Sat, Oct 31 – Happy Halloween!

Looking ahead:

- Nov 2-6 Literacy & Numeracy Assessments
- Nov 4 – Take Your Kid to Work Day (Gr 9s)

Student Vote

Kudos to Mrs. Mourad and her students who hosted a student vote on Wednesday and Thursday this week for the provincial election! Thanks to all the teachers who brought their classes down to participate. This is an important opportunity for students to begin exercising their democratic rights. We had over 300 ballots cast and will announce the results after the actual election wraps up on Saturday, October 24.

If you haven't already, don't forget to get out and vote this weekend!

Yearbooks:



HARVEST
THIS YEAR'S *Memories*

DON'T LET THIS YEAR'S MEMORIES FALL AWAY!
CLICK LINK IN POST TO ORDER YOUR CHILD'S YEARBOOK

PRICE: \$60.00

Jensen's
Canada

Yearbooks are on sale now! We will sell out! Don't forget to order your copy in advance! The 71st edition of the Panther Yearbook is \$60 on School Cash Online. Click the link to access: <https://bit.ly/AbbyYrbk2027>

Bistro Menu

Monday Oct 26th

Bistro Closed

Tuesday Oct 27th

Crispy chicken bacon ranch wrap- \$6.00

Pasta Salad- \$3.00

Tomato Soup- \$3.00

Wednesday Oct 28th

Beef Cheeseburger- \$6.00

Caesar Salad- \$3.00

Tomato Soup- \$3.00

Thursday Oct 29th

Pizza - \$2.50 per slice

Caesar Salad- \$3.00

Friday Oct 30th

Bistro Closed

Available daily when open

Pizza- \$2.50

Fries- \$3.00

Poutine- \$5.00



Athletics

We have a busy week ahead. Our regular fall sports are in full swing and basketball is getting going with trials. Our senior boys' B-ball selections were this week and next week we move on to Gr 9/Jr Boys' Trials and Girls' Trials. Inclusion and respect for other sports and seasons of play are very important at Abby Sr. As a result, all basketball trials have been scheduled outside of volleyball, soccer, football and hopefully cross-country. If there are swimmers interested in basketball, it is important they get to basketball trials on Thursday. We want any of our student athletes who are interested to have an opportunity to show their stuff at basketball trials. Thank you to all of our coaches for communicating and working together. Please spread the word about basketball trials for those students interested.

We host Sr Girls V-ball games on Monday, Jr Girls V-ball on Wed, Soccer Wed/Thurs, and have a football game during the day at 1pm on Friday where our seniors are battling for a playoff spot. We're hoping to get some classes out to watch the football game and have Helm's Food Truck on site.

EVAA events are happening for cross country on Tuesday and swimming on Saturday.

Intramurals are now into the quarter finals for volleyball.

Haunted Hallways on Friday!

Thanks for making Abby awesome!

Abbotsford Senior Weekly Athletics Schedule						
		Monday (Oct 26)	Tuesday (Oct 27)	Wednesday (Oct 28)	Thursday (Oct 29)	Friday (Oct 30)
Pit Gym	6:45am	Basketball Open Gym	Drop in V-Ball - all welcome	Basketball Open Gym	Basketball Open Gym	Drop in V-Ball - all welcome
	2:45pm	Jr Girls Vball Practice	Jr Girls Vball Practice	Jr G Vball v Hansen 9	Sr Girls Bball Trials	Jr Boys Bball Trials
	4:15pm		Sr Girls Bball Trials		Jr Boys Bball Trials	
	5:45pm	6pm - SrG SJB v GWG2	6:30-8:30pm - Sr G Vball	6pm - SrB Bball Practice	6:30-8:30pm - Sr G Vball	6pm - SrB Bball Practice
	8:00pm	7pm-SrG Abby v Chwk				
Jungle Gym	7:00am	Basketball Open Gym	Basketball Open Gym	Drop in Badminton	Basketball Open Gym	Basketball Open Gym
	2:45pm				Gr 9/Jr Girls Bball Trials	9 Boys Bball Trials
	4:15pm		Gr 9/Jr Girls Bball Trials		9 Boys Bball Trials	
	5:45pm	6pm - SrB Bball Practice	6pm - SrB Bball Practice		6pm - SrB Bball Practice	
	7:15pm					
Outside		Hirschman - Rugby PE		Hirschman - Rugby PE		
Turf	2:45pm	Jr B Football Practice	Jr B Football Practice	Jr B Soccer v Walnut	Sr B Soccer v Langley	1pm - Sr B Football
	3:00pm	Sr B Football Practice	Sr B Football Practice			v Sullivan Heights
Outside Field				Jr B Football Practice		
	2:45pm			Sr B Football Practice	Sr B Football Practice	
	2:45pm	X-Country Practice				
Away					Swimming 3-4 at ARC	
Games	3:30pm	Jr B Soccer at GWG	Sr B Soccer at Mouat			Nov 1 - EVAA Swim Meet
			EVAA X-Country at			

			Clearbrook Park			
Weight	7:00am	Work Out Club (Supeene)	Work Out Club (Lakey)	Work Out Club (Morgan)	Work Out Club (Lakey)	Hirschman - Rugby PE
Room	2:45pm	Work Out Club (Smith)	Work Out Club (Dhaliwal)	Work Out Club (?)	Work Out Club (Dhaliwal)	Work Out Club (Novak)
Stage	7:00am					
	2:45pm					
Intra-murals	lunch	Volleyball Intramurals	Volleyball Intramurals	PE Leadership Meeting	Volleyball Intramurals	Volleyball Intramurals
		Hirdayjot SE v Hard Hitters	TSE v Bogum Dani	11:05 Start in the Pit	Double Stuffed v Lapapi Gang	Mon Winner v Tues Winner
Spirit Events						Haunted Hallways