Abbotsford Senior Secondary School

ABBOTSFORD SCHOOL DISTRICT

PANTHER PRESS

WEEK OF NOV 30 – DEC 4

It's been an exciting week at Abby Senior! Our Senior Boys Soccer Team is representing our school at the Provincials, and we couldn't be prouder of their hard work, teamwork, and sportsmanship. Best of luck, Panthers!



Hey Abby Students!

Help us turn the Library Commons into a WINTER MAGIC GALLERY!

Calling all creative minds! Artists, doodlers, word lovers and anyone who enjoys getting creative. We want YOU to contribute!

Visit the Learning Commons over the next three weeks for some winter-inspired creativity!

- Turn your favourite words into art.
- Spread a little kindness
- Create a frosty piece of graffiti art

Add your artwork to our Gallery and help transform our space into a winter wonderland.

Every Contribution earns you an entry into our draw for a winter prize basket.

LET YOUR IMAGINATION SNOW!

COMING UP THIS WEEK

Mon, Nov 30 – ABCD

Tues, Dec 1 – CDAB

-Sr G Bball v Chwk 6:15pm

-Sr B Bbal v Chwk 8:00pm

Wed, Dec 2 – BADC

-G9 G Bball @ ATS 4:30pm

-G9 B Bball @ ATS 6:00pm

-Jr B Bball @ATS 7:30pm

Thurs, Dec 3 – DCBA

-Jr G @ UFV Tourney

-Sr G @ UFV Tourney

-Sr B Bball @ Langley SS

Fri, Dec 4 – A-Tut-BCD

-Jr G @ UFV Tourney

-Sr G @ UFV Tourney

Looking ahead:

- Dec 8-12 - Abby PD City Basketball Tournament
- Dec 08 - Jazz Band @ MSA Christmas Party Abby Arts

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News and Notes:

Students in our Odyssey Work Study/Work Experience program have been gaining valuable hands-on experience through two-hour shifts with local employers over the past two weeks. These opportunities help students develop employability skills, build confidence and independence, and explore future career interests. A huge thank you to our community partners (Craftsman Collision, Fix Auto, Fraser Valley Gleaners, Dollar Tree, and Ricky's All-Day Grill) for providing meaningful learning opportunities and supporting our students as they prepare for life beyond high school.

Safety Reminder: Stay Alert and Be Seen!

As the days get darker and rainier, we remind all parents and students to be extra cautious and aware of their surroundings when travelling to and from school.

For Students:

Stay alert and avoid distractions, especially when crossing streets.
Use designated crosswalks and always look both ways before crossing.
Wear bright or reflective clothing to help drivers see you.
Keep headphones and cell phones away and off when walking near traffic, across roads and in parking lots.
Be mindful of vehicles, cyclists, and other pedestrians.

For Parents and Drivers:

Slow down and drive with extra caution around the school. Use headlights and watch for students crossing or walking near roadways. Allow extra time for drop-off and pick-up. Be especially careful in areas with poor visibility.

Outstanding School Fees:

School Cash Reminder - registration instructions can be found here: https://www.abbyschools.ca/parents-students/SchoolCashOnline

A HUGE Thank You to Our Abby Senior PAC!

A heartfelt thank you to our wonderful PAC for the lovely staff appreciation coffee and treats on Friday! We are so grateful for the time, effort, generosity, and thoughtfulness that went into making our staff feel so special. It means a great deal to be recognized and appreciated by our parent community. We are incredibly fortunate to have such a supportive and caring PAC at Abby Senior. Thank you for all that you do for our staff, our students, and our school community!



Bistro Menu:

Monday Nov 30
CLOSED

Tuesday Dec 1
BLT Croissant Sandwich- $6.00
Garden Salad- $3.00
Chicken & Wild Rice soup- $3.00

Wednesday Dec 2
Beef Cheeseburger - $6.00
Garden Salad- $3.00
Broccoli and cheddar soup- $3.00

Thursday Dec 3
CLOSED

Friday Dec 4
Chicken Strips
Caesar Salad

Available daily when open
Pizza- $2.50
Fries- $3.00
Poutine- $5.00

Athletic Schedule:

Basketball has its last week of practices this week before league play begins next week. We host games on Tuesday with our seniors and then the Icebreaker tourney on Thursday/Friday for our grade 9 and junior boys.

Wrestling is in full swing as well with their first meet next weekend.

Work out club continues before and after school, run club is on Wednesday, morning Volleyball continues Tues/Friday, Badminton club Wed morning and Run club on Wed after school. Thanks to all those helping!

Intramural soccer knock out rounds start next week with both gyms being used Monday.

		Abbotsford Senior Weekly Athletics Schedule				
		Mon (Nov 30)	**Tues (Dec 1)**	**Wed (Dec 2)**	**Thurs (Dec 3)**	**Frid (Dec 4)**
Pit Gym	6:45am	Basketball Open Gym	Drop in V-Ball - all welcome	Basketball Open Gym	Basketball Open Gym	Drop in V-Ball - all welcome
	2:45pm	Jr Boys BBall Practice	Jr Boys Bball Practice	Sr Girls Bball Practice	Jr B Icebreaker Tourney	Jr B Icebreaker Tourney
	4:15pm	Gr 9 Girls Bball Practice	Gr 9 Boys Bball Practice	Jr Girls Bball Practice	Jr B Icebreaker Tourney	
	5:45pm	6pm - SrB Bball Practice	**6:15 - Sr G Bball v Chwk**	6pm – Sr B Bball Practice	Jr B Icebreaker Tourney	Sr B Bball Practice
	8:00pm		**8pm - Sr B Bball v Chwk**		Jr B Icebreaker Tourney	
Jungle	7:00am	Basketball Open Gym	Basketball Open Gym	Drop in Badminton	Basketball Open Gym	Basketball Open Gym
Gym	2:45pm	Wrestling	Jr Girls Bball Practice	Wrestling	Gr 9 Icebreaker Tourney	
	4:15pm	Jr/Sr Girls Bball Practice			Gr 9 Icebreaker Tourney	Gr 9 Girls Bball Practice

	5:45pm	Gr 9 Boys Bball Practice			Gr 9 Icebreaker Tourney	
	7:15pm					
Outside		Hirschman - Rugby PE		Hirschman - Rugby PE		
Turf	2:45pm					
	3:00pm					
Outside				Run Club		
Field	2:45pm					
	2:45pm					
Away					**Jr Girls at UFV Tourney**	**Jr Girls at UFV Tourney**
Games	3:30pm			**4:30 - 9G Bball at ATS**	**Sr Girls at UFV Tourney**	**Sr Girls at UFV Tourney**
				6:00 - 9B Bball at ATS	**Sr B Bball at Langley SS**	
				7:30 - Jr B Bball at ATS		
Weight	7:00am	Work Out Club (Supeene)	Work Out Club (Lakey)	Work Out Club (Morgan)	Work Out Club (Lakey)	Hirschman - Rugby PE
Room	2:45pm	Work Out Club (Dhaliwal)	Work Out Club (Dhaliwal)	Work Out Club (Eely)	Work Out Club (Smith)	Work Out Club (Novak)
Stage	7:00am					
	2:45pm					
Intramurals	lunch	Soccer Intramurals	Soccer Intramurals	PE Leadership Meeting	Icebreaker Tourney	Icebreaker Tourne
		Tarallo FC v Chattu FC (Pit)	Ball Knowledge v Mon Loser	11:05 start in Pit	Gr 9 and Jr Boys	Gr 9 and Jr Boys
Spirit		DLS v Deeblock (Jungle)				
Events						